



# **BRITSAFE LEVEL 1**

## **AWARD IN BASIC HYGIENE AND INFECTION CONTROL**

**100/5202/1**



# Introduction:

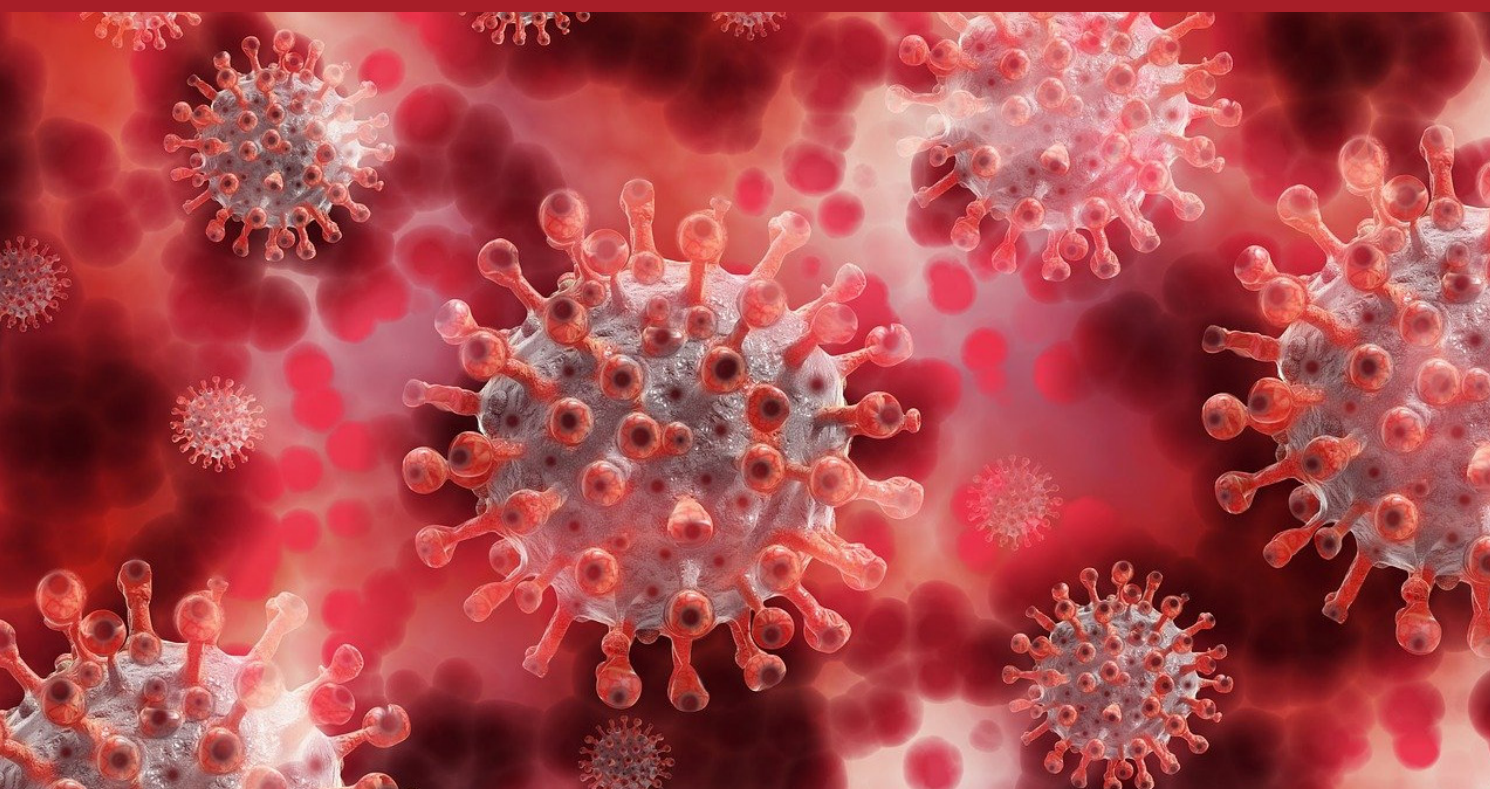
The Britsafe Level 1 Award in Basic Hygiene and Infection Control is a targeted qualification designed to equip frontline workers with the essential knowledge and practical understanding needed to prevent the spread of infectious agents in the workplace. Rooted in current public health principles and aligned with workplace safety regulations, this course introduces learners to critical concepts such as personal hygiene, environmental cleanliness, transmission pathways, and basic infection prevention procedures. It is especially relevant for individuals working in sectors where exposure risks are elevated such as healthcare support, cleaning services, hospitality, personal care, and food handling environments. By focusing on real-world application, this award empowers learners to contribute directly to safer working conditions, reduce cross-contamination incidents, and support organizational compliance with hygiene and infection control mandates. Designed for entry-level workers or those newly assuming hygiene-related responsibilities, the qualification offers an accessible yet authoritative foundation for building competence in occupational infection control.

## Qualification Regulation and Support:

The Britsafe Level 1 Award in Basic Hygiene and Infection Control has been developed to meet foundational hygiene and infection prevention competencies across frontline occupations. It is awarded by Britsafe™ Qualifications UK Limited, ensuring the qualification reflects recognized industry standards, regulatory alignment, and supports workforce readiness in infection-sensitive environments.

## Key facts:

|                               |                                    |
|-------------------------------|------------------------------------|
| <b>Qualification Number:</b>  | <b>100/5202/1</b>                  |
| <b>Minimum Contact Hours:</b> | <b>4</b>                           |
| <b>Guided Learning Hours:</b> | <b>4</b>                           |
| <b>Credit Value:</b>          | <b>1</b>                           |
| <b>Credential Status:</b>     | <b>Award</b>                       |
| <b>Assessment Method:</b>     | <b>Multiple-choice examination</b> |



## Qualification Overview and Objective:

The Britsafe Level 1 Award in Basic Hygiene and Infection Control focuses on instilling foundational principles for maintaining a hygienic and infection-free workplace. Participants learn effective personal hygiene practices, identify sources of infection, and understand preventive measures. The qualification emphasizes proper sanitation and cleaning procedures, ensuring participants comply with hygiene and infection control regulations to create a safe and healthy working environment.

The objective of the qualification is to:

- Understand the principles of basic hygiene and infection control.
- Learn effective personal hygiene practices in the workplace.
- Identify common sources of infection and preventive measures.
- Gain knowledge of proper sanitation and cleaning procedures.
- Demonstrate compliance with hygiene and infection control regulations.

## Entry Requirements:

To register for this qualification, learners are required to meet the following entry requirements:

- Must be aged 16 and over
- Participants should have a basic understanding of the English language to effectively engage with course materials and assessments.
- This course is open to individuals of all backgrounds and experience levels who have an interest in workplace health and safety.

## Geographical Coverage:

This qualification is suitable for delivery in England, Northern Ireland, Wales and can be offered internationally.

## Delivery/Assessment Ratios:

To effectively deliver this qualification, centres are recommended not to exceed the ratio of 1 Qualified Tutor to 12 Learners in any one instance. If centres wish to increase the recommended ratio, they must first inform your dedicated Britsafe™ accounts manager before doing so.

## Centre Requirements:

To effectively deliver this qualification, centres should have the following resources in place:

- Classroom with suitable seating and desks; and
- High-quality teaching and learning resources.

## Guidance on Delivery:

The total qualification time (TQT) for this qualification is 4-hours and of this 4-hours is recommended as guided learning (GL). TQT is an estimate of the total number of hours it would take an average learner to achieve and demonstrate the necessary level of attainment to be awarded with a qualification, both under direct supervision (forming Guided Learning Hours) and without supervision (all other time). TQT and GLH values are advisory and assigned to a qualification as guidance.



## Guidance on Assessment:

This qualification is assessed through a multiple-choice question exam.

- Centre's must take all reasonable steps to avoid any part of the assessment of a learner (including any internal quality assurance and invigilation) being undertaken by any person who has a personal interest in the result of the assessment.
- Centres must follow Britsafe™ Examination and Invigilation Procedures. Completed examination papers are to be returned to Britsafe™ for marking or If in case of online examination; records shall be updated on EMS portal accordingly.

## Guidance on Quality Assurance:

Britsafe™ requires centres to have in place a robust mechanism for internal quality assurance. Britsafe™ will support centres by conducting ongoing engagements to ensure and verify the effective and efficient delivery, quality assurance and invigilation of the qualification.

## Tutor Requirements:

Britsafe™ recommends nominated tutors for this qualification meet the following requirements:

- A relevant health and safety qualification at Level 3 or higher,
- Membership of a professional body (e.g., IOSH, IIRSM) is desirable.
- Hold a relevant subject area qualification/or be occupationally competent.
- Hold a recognized teaching/training qualification (or suitable equivalent).
- Level 3 Award in Education and Training (AET) or Train The Trainer.





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